

breakfast

daily 7am to 11.30am

all breakfasts cooked with local free range/ hormone free eggs

fresh baked muffins (v)

see our board for today's hand made selection

toasted bakery breads (v)

w choice of berry jam, orange marmalade, mascarpone

new norcia casalinga - sour dough

new norcia seven grain - wholegrain

new norcia - dark rye

gluten free/dairy free loaf

barrett's dense fruit nut loaf

simple (v)

fresh avocado, goats cheese, fresh tomato, wholegrain toast

seasonal fruit (g)

thick yoghurt, passionfruit pulp, roasted nuts

muesli (v)

fully loaded, house made muesli, thick yoghurt, blossom honey

eggs on toast (v)

two eggs, wholegrain toast

bacon and eggs

two eggs, bacon rashers, wholegrain toast

spanish style baked beans and chorizo

with fried egg, smoked paprika, crusty ciabatta, wild rocket

frittata of spinach, tomato & goats cheese (v) (g)

with basil pesto field mushroom and hollandaise

smoked salmon

toasted rye bread, fresh avocado, triple cream brie,

wild rocket, baby tomatoes, basil & lemon aioli

full breakfast

two eggs, bacon rashers, cumberland chipolatas,

slow roast tomato, spanish style baked beans, wholegrain toast

benedict

asparagus, shaved prosciutto, poached eggs, hollandaise,

sour dough toast

buttermilk pancakes (v)

pancake stack, stewed red berries, whipped mascarpone

little nippers (to 12 yrs)

fruit salad w greek yoghurt (v) (g)

scrambled egg w bacon

pancakes w maple syrup (v)

bubble

jansz premium nv 10 / 42

brown brothers 'prosecco' 38

mary 15

5 vodka, tomato juice, tabasco, s + p,
worcestershire, crisp celery stick

expresso martini 15

vodka, tia maria, crème de cacao
and freshly extracted espresso

5.5

fresh juice

5.5

5.5 **cleanse** apple, carrot, celery, ginger 7

5.5

7 **crush** orange, pineapple, watermelon 7

7

7 **energise** watermelon, apple, mint 7

7

7 **revitalise** celery, apple, lemon, ginger 7

14

100% juice - apple, grapefruit, orange,
pineapple or tomato 4.2

14

100% juice **cranberry** 5.5

cold

13.5

soft drinks 3.5

lemon lime and bitters 4.5

lemon iced tea 4.5

chinotto 4.5

15.5

smoothie strawberries, yoghurt, honey 7

milkshake with ice cream 6

banana, caramel, chocolate, spearmint

strawberry or vanilla

18

ice coffee or ice chocolate 6

with ice cream + cream

18

water

24

mount franklin still 1litre 3.5

san pellegrino sparkling 500ml 4.5

san pellengrino sparkling 1litre 6.8

coffee

20

liqueur coffee 13

cappuccino, flat white, latte 4

long black 4

22

espresso, short macchiato 3.7

vienna, affogato

long macchiato, mocha 4.4

hot chocolate w marshmallows 4.5

kiddies frothuccino 2

extra mug or shot of coffee 1

soy milk .5

10

spiced chai latte 4.2

10

10

loose leaf tea for one 4.2

english breakfast, earl grey

chamomile, peppermint, green,

lemongrass and ginger

(v) vegetarian (g) gluten not added all meals may contain traces of gluten all meals may contain traces of nuts

this menu has been created by the blue duck to offer high quality products to our valued customers. to deliver your breakfast as quickly as possible we can not make substitutions or changes, we appreciate your understanding 2% amex surcharge